

## First Look

### Men's night

Tonight from 8 - 10 p.m., AAFES is hosting a "Men's Night" at the Ocean view exchange. Only men will be allowed to shop during this time.

### Whopper weekend

Whoppers, double Whoppers, cheeseburgers and hamburgers are on sale 10 a.m. - 7 p.m. Saturday at the Lajes Elementary School. Other items that will be sold include sodas, milk shakes, Hershey pies and chips.

### New Year's Eve

A New Year's Eve party is at the Top of the Rock club Dec. 31 6:30 p.m. - 5 a.m. The all-inclusive party includes dinner, all beverages, champagne at midnight and breakfast. The U.S. Air Forces in Europe Band and "Cool Breeze" will play live music all night. For more information, call Pedro Lima 2-3202.



### TV guide

Beginning in January Lajes will start receiving R&R Magazine. This contains a monthly AFN guide and will replace the TV guide pages in the Crossroads leaving more room for news.

### Preflight

■ **Days since last DUI** ..... Six  
 ■ **DUIs since Jan. 1** ..... Ten  
 ■ **Current AEF** ..... Blue  
 ■ **Current FPCON** ..... Alpha plus  
 ■ **Guest DJ** ..... Tune in!  
 ■ **Next Strong Patriot** . Dec. 22  
 ■ **Combat Nighthawk**: 1st Lt. Daniel Sweeney, 65th Medical Operations Squadron and Master Sgt. Steven Law, 65th Logistics Readiness Squadron and Tech Sgt. Mary Perry, 65th Medical Air Base Wing.

# Last issue of the year

The next issue of the Crossroads will be published Jan. 9.

## Cantata



Martha Frankie gives direction to the Bell Choir during the Christmas Cantata Sunday at the base chapel. The Christmas Cantata is a service of Christmas carols and holy scripture readings. More than 200 people showed up to see the event. (Photos by Staff Sgt. Michelle Michaud)

## Keep safety first during holiday season

**Gen. Robert H. "Doc" Foglesong**  
**Commander, U.S. Air Forces in Europe**

RAMSTEIN AIR BASE, Germany - The holiday season is a time of great joy, however it's also a time of increased risk.

As we get together with family and friends and enjoy the festive events of this joyous time of year, I ask that all of our U.S. Air Forces Europe members also remain vigilant so together we can ensure this holiday is untouched by needless tragedy.

Vigilance means more than being aware of your surroundings; it also includes proper planning, identifying risks and developing a game plan that ensures safety. Eu-

rope allows for an abundance of great travel opportunities, but proper planning—to include checking weather and road conditions, getting plenty of rest before traveling, wearing a seatbelt, driving defensively and not mixing alcohol with holiday activities - are all essential to preventing mishaps and potential loss of life. Chief Coleman and I just did a higher Headquarters USAF safety call - it's that important.

Being vigilant also means looking out for each other. Many of us will be taking this time to spend with family members. However, for those who are separated from family - particularly our single airmen - the winter months, and holiday season in particular, can be stressful. If you

see someone who is going to be alone for the holidays, invite them to spend time with you and your family. And if you see someone struggling, ask how you can help.

Enjoy the holiday season, but do it safely. The needless loss of even one life reduces our readiness, increases the stress on those left to carry on and inflicts a terrible emotional toll on our loved ones. I ask each of you to increase your vigilance, so when the much deserved pause is over, all of our USAF team can return to work and do what we do best - protecting and defending our great nation.

Mary and I wish you and your family a safe and happy holiday season.

## Focus Notes

### Graduates

During the Services Customer College graduation Dec. 12, **Sheryl Bush**, 65th Services Squadron and Senior Airman **Amy Dare**, 65th Civil Engineer Squadron were recognized as the distinguished graduates. Other graduates were:

Staff Sgt. **Judy Kemp**, 65th Logistics Readiness Squadron

Tech. Sgt. **Anthony Patti**, 65th Medical Operations Squadron

Tech. Sgt. **Darrin Powers**, 65th MDOS

Tech. Sgt. **Katrinka Hansen**, 65th Mission Support Squadron

**Mateus Leonardo**, 65th Services Squadron

Tech. Sgt. **Ronald Brooks**, 729th Air Mobility Squadron

Airman 1st Class **Kara Boone**, 65th MSS

**Amanda Cook**, 65th SVS  
Airman **Tia Miller**, 65th LRS

**Jennifer Edmunds**, 65th SVS

Airman **Delora Oliver**, 65th Communications Squadron

### Clean up

Lajes' Combat Proud Cleanup Day is Tuesday. Maps will be sent out to squadron commanders and agency chiefs. Each organization will be responsible for areas around their buildings. Units are additionally responsible for providing their own trash bags and taking the trash to established dumpster areas. CE will run a special trash route Wednesday. Large debris requiring removal can be reported to the 65th Civil Engineer customer service office at 2-3335, for pick-up.

### Self-help project

Col. Barbara Jacobi and Chief Master Sgt. Doug Hodge will evaluate three self-help projects Tuesday. The best project will receive a plaque that will be awarded at monthly recognition ceremonies and \$1,000 in self-help prize money.

## New system tracks workouts

by Staff Sgt. Olenda Kleffner  
Crossroads editor

A new computer system installed at the base fitness center will help Lajes members keep track of their workouts beginning in January.

Fitlinxx is a Web-based program that keeps track of cardiovascular and strength workouts, and it can be used to design a workout program, said Maj. Julie Moberg, 65th Air Base Wing point of contact for Combat fitness.

The program was originally developed for private fitness facilities, and the Pacific Air Forces Command adopted the program in 2002. Nearly all of the bases in the U.S. Air Forces in Europe Command are having Fitlinxx installed now.

"I think Fitlinxx has a lot of potential because when it is fully up and running, it will allow people to monitor their workouts and progress, which has been proven to keep people in fitness programs long after the majority of people not using a program would have dropped out," Moberg said.

People also have the option of entering their information either at the fitness center or from anywhere else that has Internet access, said Bill Curry, fitness center director.

A kiosk will be installed in the fitness center where people can enter their workout data on the spot, or in January, when the system is up and running, people can enter their workout information on any



Alison Macgregor, Fitlinxx program manager, gives instructions to a class about how Fitlinxx works. Fitlinxx is a new Web-based program at the Lajes Fitness Center that will keep track of workouts beginning in January. (Photo by Guido Melo)

computer that has Internet access at <http://lajes.fitlinxx.com>.

Moberg said, later in 2004 the cardio and strength machines in the gym should be connected to the system allowing people to input their personal pin number and the workout will be logged automatically from those machines.

"This feature will be added to Lajes in the future; for right now, people have to log their own workout, whether they work out in the gym, run outside or lift weights at home," Moberg said.

All active duty airmen assigned here should be automatically entered into the system by the end of December. After everyone is in the system, airmen will have to go to the Website to register.

New troops to the base will fill

out paperwork during in processing, and their squadron fitness monitors will enter them into the system.

Civilians and dependents can also use Fitlinxx by having someone at the fitness center register them.

"Fitlinxx has a system of incentive points, with six different levels. Airmen can accumulate points with workout time, and there will be prizes including hats, t-shirts, sweatshirts and gym bags awarded to people who reach these levels," Moberg said.

Moberg said USAFE personnel are going to begin looking at the fitness activity of active duty airmen quarterly as part of the Combat Fitness program beginning in January. The USAFE goal is to make sure everyone does cardiovascular and strength training activity at least 12 times each month.

## Cookie time



Judges taste cookies entered in the cookie contest at the base library Wednesday. The grand prize winners were Janie Casserly and Larry Scoggins. There were also winners for taste and appearance of the cookies. About 25 adults and children entered the contest. (Photo by Staff Sgt. Michelle Michaud)

## AMS stops 70 from drinking and driving

by 1st Lt Aaron Wiley  
Crossroads Staff

The Lajes Top 3 recently recognized the 729th Air Mobility Squadron's 70 "saves" for the month of November in the Anti-DUI Van.

"Typically, on any given night, only a couple of individuals take advantage of the van," said Master Sgt. Larry Yates, member of the Top 3 organization in charge of the program. The 729th multiplied participation, averaging more than five people per night for the 13 nights the van was available in November.

"I've never had more than four passengers in one night and have had several nights with no passengers at all," Yates said. "The AMS folks must have done an exceptional job making themselves known and available during the month."

Staff Sgt. Rafael Pena-Perez, who took advantage of the ride home, said the driver, an AMS airman, was advertising the van's availability before and throughout the night.

"It's a sure and safe way of getting home," said Perez, who's sister was killed by a drunk driver in the same month a year ago, "and you don't have to worry about doing yourself or anyone else and their family

any harm."

There have been 10 DUIs here since Jan. 1, 2003, nine more than the one during 2002. The 65th Security Forces Squadron commander is working with Air Base 4 to increase checkpoints.

This year's stats are:

### DUIs per month

April - 1  
May - 2  
July - 1  
September - 2  
October - 2  
November - 1  
December - 1

### DUIs per squadron

AMS - 4  
CE - 1  
LRS - 1  
OSS - 1  
SFS - 2  
DoDDs dependent - 1

any harm."

The van, which is available Thursday through Saturday from 11 p.m. until the Top of the Rock Club's lounges close, is used to transport people from the club to the military family housing areas or Santa Rita Hill circle.

"No prior arrangements are needed, and anyone with access to the club is encouraged to use the van," said Yates.

Drivers wear a clip-on tag and can be located by asking the bartender, DJ or night manager. Yates said the club supports the volunteers by asking the DJ to announce and identify the drivers during the evening and by providing them with

complimentary non-alcoholic beverages.

"It was a rewarding experience to know that your service may have actually saved someone's life or career," said Lt Col. Steve Sorensen, 729th AMS commander, who showed his support by volunteering as a driver.

Master Sgt. Jan Bunting, and the AMS's organizer for the program, rounded up 21 drivers from all three flights, including civilians, to support the 729th's effort.

The squadron began keeping track of their "saves" when they participated in the program last year. Master Sgt. Renae Cushing and Master Sgt. Beth Epperson, the unit's

organizers for 2002, recorded 18 in July 2002.

"I'm not aware of any other squadron that has kept a tally of their efforts," Yates said, who likes the idea. "It has inspired a new quarterly competition, sponsored by the club, that will begin next year. The organization's drivers who have the most passengers during their month will be awarded with a pizza party."

Sorensen said participating in the program was a great way to build camaraderie by volunteering to help out the community and fellow Airmen.

"We need to highlight the 729th's success, said Yates. "The timing is perfect!"

With the holiday celebrations that are lined up for the next couple of weeks and the recent rise of Lajes DUIs, the increase in the van's use can play a major role in preventing unnecessary tragedies this holiday season.

Sorensen extended the invitation to everyone that will be drinking during the holiday celebrations to "leave your car at home, and leave the driving to us!"

## COLA compensates for overseas living costs

by Tech. Sgt. Mona Ferrell  
USAFE News Service

RAMSTEIN AIR BASE, Germany - Although the Euro continues to gain strength against the American dollar, U.S. Air Forces in Europe members can be assured they will continue to be provided with the proper Cost of Living Allowance, said USAFE officials recently.

Foreign currency rate changes are continually reviewed in high-cost living areas and the COLA rate is changed accordingly, said Lt. Col. Catherine McLoud, USAFE Accounting and Finance operations branch chief.

COLA, a monetary allowance provided to members living in high-cost areas, ensures all military members have the same buying power, whether living overseas or in the Continental United States.

"Several factors routinely impact COLA," McLoud said. "A Retail Price Survey is conducted each year to assess the costs and typical local economy buy rate of more than 160 items and services. These items, ranging from meats to various entertainment purchases such as books

or video tapes, are meant to give the true purchase-price picture for goods and services in each high-cost living area."

The survey results for each area are then provided to the Department of Defense Per Diem Committee in Washington, D.C., she said. The Per Diem Committee analyzes the data and assigns each location an index number indicating the cost difference between purchasing those same items in the United States.

"For instance, the index for Ramstein Air Base, Germany, is currently .26," said McLoud. "This indicates that our military members pay 26 percent more here for those 160 items than they would in the CONUS. This percentage difference is then calculated into the COLA rate."

A Living Pattern Survey is also conducted every three years to gather information on whether members purchase goods and services on base or on the local economy, said Master Sgt. Michael Windsor, USAFE Financial Management chief of command travel pay and procedures.

"In this survey, the purchases are weighted in the overall index. For example, groceries are weighted more than reading materials,"

Windsor said.

"Using Ramstein Air Base as an example again, the current LPS indicates that military members in this area make one quarter of their purchases off base. This ratio is taken into consideration when calculating the COLA rate here. These purchase percentages, on- or off-base, help determine the impact exchange rate fluctuations have on the overall COLA rate," he said.

But, the factor that has the most noticeable impact on a member's COLA is foreign currency rate changes, said McLoud.

"The Per Diem committee makes updates as often as twice a month, on the first and fifteenth of the month," she said. "If during that two-week period the cumulative cost of off-base spending has increased or decreased at least five percent, then the index number is changed and members receive an increase or decrease in their cost of living allowance accordingly."

Although the exchange rate fluctuates daily, it takes two weeks to adjust the military pay computer tables. But, this two-week adjustment works both ways, McLoud stressed.

"For instance, let's say the foreign

exchange rate gets better, and the Per Diem Committee determines that a COLA decrease is required," she said. "That decrease won't be seen until two weeks later, so during that time we're getting a COLA rate higher than what it's costing us to purchase goods. The same could be said if the COLA increases. It takes two weeks to see a change in our paychecks whether the rate increases or decreases. Over time, the COLA rates balance out and we're getting the money we need to purchase the items we want, where we want."

The statistics behind COLA may be complicated, but it's an allowance that's fair, Windsor said.

"USAFE members are being affected by the dropping Euro exchange rate, however the DOD is taking care of them through COLA adjustments," he said. "Overtime, all military members, whether living in England, Germany or any other part of Europe, are properly compensated for the high costs associated with overseas living."

More information about COLA rates can be found on the Per Diem Committee Web site located at: <http://www.dtic.mil/perdiem/octorm.html>



- A live connection ..... <http://www.usafe.af.mil/news/news03/uns03734.htm>
- Squadron commander recalls journey ..... <http://www.usafe.af.mil/news/news03/uns03733.htm>
- Military support: through the eyes of a spouse ..... <http://www.usafe.af.mil/news/news03/uns03732.htm>

NewsTip? E-mail [news@lajes.af.mil](mailto:news@lajes.af.mil)5-Day Weather: <http://www.lajes.af.mil/weather/5-day.gif>

Space-A Schedules: Available at the terminal, Bldg. T-701

# High school students visit Angra history

by Eduardo Lima  
Community Relations coordinator

A group of 21 Lajes High School students and two teachers took the opportunity to learn more about the local Azorean history, Dec. 12, when they visited the São João Batista Fortress in Angra.

The 9th graders were participating in a field trip to the fort located in Mount Brazil in Angra, which is currently occupied by the Portuguese Army's Regiment of Garrison No. 1.

Building the fort began in the beginning of the 17th century by order of Phillip II of Spain, who was also the King of Portugal at the time, after the Spanish invaded the island, to better protect the galleons and other ships returning from India.

It was completed in 1640, the year the Portuguese people regained its independence from the Spanish rule. The fort withstood a year-long siege carried out by the rebellious Terceira inhabitants against the Spanish occupants after the former had learned about the restoration of independence three months after it actually took place.

"The trip was a great experience for the



Primeiro Sargento (Tech. Sgt.) Paulo Matos talks to the Lajes High School students about the history of the Fort located on Mont Brazil. (Photo by Denise Linde)

students. They don't often have an opportunity to learn about Angra, which is an important city for Terceira," said Denise Linde, a DoDDS teacher who accompanied the students. "I know they really enjoyed the guide and his description of the fort in battle and especially the dungeon-prison."

LaShae Harris, one of the students also enjoyed the trip very much.

"When I first arrived here in the Azores, I thought it was just a small island with small

history. This field trip actually gave me a new insight of the island's history, and I learned a lot about the Spanish and the Portuguese in the 1600s to 1800s," said Harris.

The fort actually has more to offer than just the big walls. It also features old cannons that were used to fight enemy ships, the dungeon-prisons where some important political prisoners were imprisoned at the beginning of the century, the fake door, and the drawbridge.

"The trip to Angra fits so integrally into a healthy view of knowledge growth. Our objective was to deepen our appreciation for Terceira and its history and to respond with a poem that would contain and give shape to our impressions," said Thomas Birch, DoDDS teacher who accompanied the students.

Kayla Ashby thought the trip was fun and a great learning experience. She said their assignment was to write a poem describing one of the different parts of the fort.

"There were so many different places to choose from that it made the poem writing fun and enjoyable. I learned so much about the history of Spain, Portugal, the Azores and Terceira in particular. It is something I would definitely do again," said Ashby.



## Earthquake

Tech. Sgt. Shawn Darragh, 65th Medical Group, checks the pulse of Airman 1st Class Lillie Briano, 65th Communications Squadron, who played a victim during the earthquake exercise here Monday. The earthquake exercise tested different facilities response time and included off base facility damage and mass casualties. (Photo by Staff. Sgt. Michelle Michaud)



## Assignment listing available

RANDOLPH AIR FORCE BASE, Texas — The Enlisted Quarterly Assignment Listing for people returning from overseas May through July will be available Jan. 13.

Individuals should contact their military personnel flights to update their preferences by Jan. 30, said officials at the Air Force Personnel Center here. Airmen will be notified of their selection by mid-February.

EQUAL advertises upcoming assignment requirements by Air Force specialty code and rank. Airmen should review, prioritize and update their assignment preferences based on the EQUAL list, officials said.

People can view the lists from the AFPC home page at <https://afas.afpc.randolph.af.mil/amsweb/master.cfm>, or at their MPFs. Those on temporary

duty during the advertising period can contact the nearest personnel office for assistance. (Air Force Print News)

## Hoaxes affect cardholders

WASHINGTON — A recent e-mail hoax targeted government purchasing cardholders in an attempt to gain vital account information.

The e-mail message linked users to a Web-based form, which fraudulently requested key information such as Social Security number, credit card account numbers and expiration dates.

"This is really uncommon," said Josephine Davis, Air Force banking officer. "What you see most frequently is some organization trying to pick up a slogan or relationship to (General Services Administration) because GSA administers the government purchasing contract."

"Don't give out your account number over the phone unless you're making the call to a company you know is reputable," according to the Federal Trade Commission's Web site. "If you have questions about a company, check it out with your local consumer protection office or Better Business Bureau."

While the cardholder is ultimately responsible for resolving the issue, the program coordinator can help work with the card company.

Once a card is lost or stolen, or any other type of fraud is detected, the customer should immediately call the credit card issuer, according to the FTC Web site.

"By law, once you report the loss or theft, you have no further responsibility for unauthorized charges," according to the site. "In any event, your maximum liability under federal law is \$50 per card."

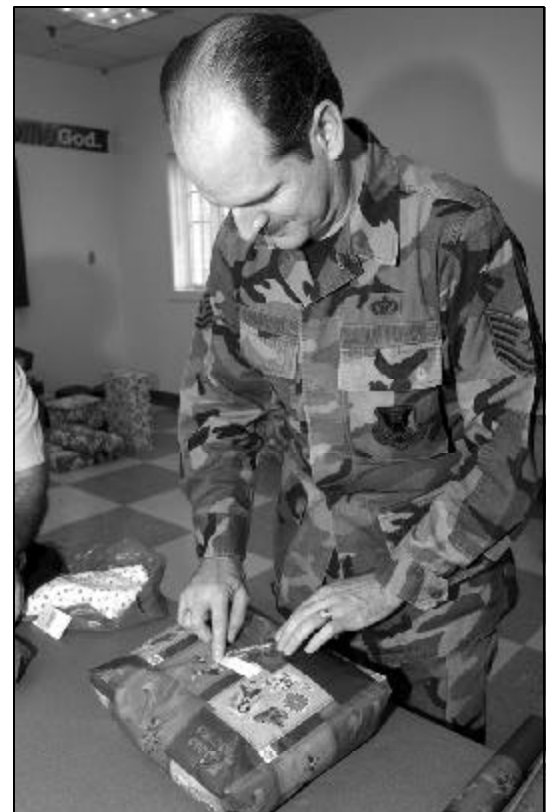


Nickolas Pryde, son of Billy and Tech. Sgt. Patrick Pryde, receives a candy cane from Santa at Santa's Workshop Saturday at the Community Center. Gift baskets, made with goods donated from school children, were auctioned off, and gift baskets were available for children to purchase. (Photo by Staff Sgt. Olenda Kleffner)

## ***Team Lajes celebrates the season***



(Above) Glen Wren, the Lajes High School Choir director, conducts the choir during their Christmas concert Tuesday at the high school gym. (Right) Tech. Sgt. Dan Hammond, 65th Civil Engineer Squadron, wraps Christmas presents, donated for the Angel Tree, at the base chapel Monday. About 300 gifts were donated and wrapped for the local children. (Photos by Guido Melo)



## Happy holidays, Team Lajes

Col. Barbara Jacobi  
65th Air Base Wing commander

It's that time of year again - homes and streets are decked out in holiday lights, and brightly decorated Christmas trees are visible in offices, dorm rooms and houses.

It's been a very eventful year for us at Lajes and for the world, and with finding Saddam Hussein this past weekend, we're all more hopeful that we'll soon see our deployed service members return home to their families, especially during this very special season.

This is a festive time full of family and individual traditions that help keep us connected to the past while focusing on and enriching the present. As Charles Dickens said, "Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some."

The holidays are also a time of good will to all. The Grinch was described of not liking the season because "his heart was two sizes too small." Well, there are many folks at Lajes who've shown they are good neighbors in many ways, and that their hearts are definitely two sizes too big!

The chapel's "Sock and Slipper" drive helped make sure our neighbors in the Praia nursing home have warm feet. The base Orphanage Christmas Party is bringing joy to 180 kids from local area orphanages. Our Angel tree has helped over 200 local children have a merrier Christmas with the caring donations

from base personnel. And as always, our Chapel Charities Closet offers clothing, household goods and even some furniture to folks who need a little help.

Along with good will and taking care of neighbors, the holidays are also a time of celebrations and parties with family and friends. Along with the merriment comes the need for holiday safety. At parties, we relax because we have more free time, but we can't relax our guard. It's still dangerous and illegal to drink and drive - that doesn't change because of the holidays. The roads at night are dark and narrow, so caution is necessary when we're on our way home after spending time with friends.

Be safe at home, too. Avoid fire hazards such as multiple extension cords, overloaded outlets or flammable materials next to heaters, fireplaces or outlets. When cooking, keep flammables and loose clothing away from gas stoves, and be sure to have a fire extinguisher nearby. Keep valuables away from windows, so people aren't tempted to break in, and make sure doors and windows are locked when you're away from home. Also, keep an eye out for suspicious folks in the neighborhoods, and report those you see to security forces personnel.

With a combination of warm hearts and holiday safety, all of Team Lajes will be able to relax and savor the richness of the season. Let's foster among all Team Lajes members a genuine spirit of good will that will last throughout the year.

Have a happy and safe holiday season.

## General sends greeting

WASHINGTON — *The following is a holiday message from the chairman of the Joint Chiefs of Staff, Air Force Gen. Richard B. Myers:*

"For generations, U.S. servicemen and women and government civilians have spent the holiday season far from loved ones so that all Americans can celebrate the peace, prosperity and liberty that our Armed Forces have fought to protect.

"Today, you continue to keep steadfast watch across the globe, from bases on land, planes overhead, and ships at sea; from distant, remote locations, and within our own borders.

"During this holiday season, the United States is asking much of you — and you are responding with a strong sense of duty, a willingness to give

up personal comfort for the greater good, and the professionalism that has earned our military services honor and respect throughout the world. It is never easy to be away from home, but especially during the holiday season, the courage, patriotism and unconditional support of families and loved ones mean so very much.

"Your service and the sacrifices of your families come at a crucial moment in our nation's history. Your dedicated work is making the world a better, safer, and more peaceful place. I am inspired by your character and courage, and I am extremely proud to serve with you.

"The Joint Chiefs of Staff join me in sending to you and your families our very warmest wishes for a wonderful holiday season."

### ACTION LINE

E-MAIL: ACTIONLINE@LAJES.AF.MIL  
CALL 2-4240

The Action Line is your means of addressing a problem, concern or challenge to me about something in the 65th Air Base Wing or U.S. Forces Azores.

However, your chain of command should always be your first option. When that's not the answer, then call the Action Line at 2-4240 and I'll address it quickly and with care. Thank you!

Col. Barbara Jacobi  
65th Air Base Wing Commander



## Everyday Hero



### Airman 1st Class

Alix Bourand

65th Communications Squadron

**Duty Title:** Postal clerk

**Job description:** Dispatch and process incoming mail also accountable mail. Customer service, the section I enjoy working the most, where I sell stamps, money orders place postage on outgoing mail and work the pick up window.

**How long have you been in the Air Force:** Two years, seven months

**How long have you been at Lajes:** Four months

**What's the best aspect of your job:**

Everybody has to check their mail or mail out a package sometime while they're here at Lajes. So you meet a lot of people. I often have people come up to me and say "I've seen you before and 'I tell them' the post office." So I meet and make a lot of friends working at the post office. But with meeting and making friends comes the most popular question the post office hears all the time. Did I get any mail? (Senior Airman Shakeisha Perkins)

**Why did you join the Air Force:** To travel

**What are your career goals:** To be CHIEF MASTER SERGEANT OF THE AIR FORCE

**Life goal:** To own my own Barbershop not because of the movie or anything, but it's something that's always had my attention. Plus it's something I enjoy doing.

**Best Air Force Experience:** Being deployed last year. I was in the United Arab Emirates and this was before the war really started. But to see their culture and the way the way they live was something new to me. Honestly I couldn't see myself doing that three years ago.

**Hometown:** Miami (Flawda)

**One word to describe you:** Humorous

**Hobbies:** Listening to music, basketball and reading

**Favorite food:** My mama's greens and sweet potatoes and cornbread. With a big ole glass of her "red" kool-aid!

**Pet peeves:** Laziness and liars

**No one knows I'm:** I'm in the military! Since I look so young I get questioned a lot on being a dependent. Maybe I will get a little recognition now that I'm the "Everyday Hero."



## StatSheet

### Men's Basketball

Team	W	L	PF	PA
SFS	1	0	44	35
JAMS #1	1	0	47	16
Vitorinos	1	0	50	43
OSS	0	1	43	50
LRS	0	1	35	44
JAMS#2	0	1	16	47

### Upcoming games

#### Monday

5:30PM LRS vs. COMM  
6:30PM SFS vs. Vitorinos  
7:30PM JAMS #1 vs. Angra

#### Wednesday

5:30PM JAMS#2 vs. SFS  
6:30PM Vitorinos vs. JAMS #1  
7:30PM Angra vs. OSS

### Scores

#### Dec. 1

AMS 53 COMM 36  
CES 63 Vitorinos 47  
CES/Fire Dept 59 Angra 48

### Upcoming games

#### Monday

5:30PM LRS vs. COMM  
6:30PM SFS vs. Vitorinos  
7:30PM JAMS #1 vs. Angra

#### Wednesday

5:30PM JAMS#2 vs. SFS  
6:30PM Vitorinos vs. JAMS #1  
7:30PM Angra vs. OSS

#### Thursday

5:30PM CES/Fire vs. CES  
6:30PM AMS vs. LRS  
7:30PM JAMS#2 vs. OSS

### Darts

Team	W	L	PF	PA
AMS	3	1	24	12
COMM#2	3	1	19	17
COMM#1	2	1	20	7
LRS	2	1	16	9
CES	1	1	9	9
OSS	1	1	7	10
COMM#3	1	2	16	11
Medics	0	3	3	23
SFS	0	2	1	17

### Scores

#### Dec. 1

COMM-3 6 COMM-1 3

## Play time



Aubrionna Johnson, daughter of Jennifer and Staff Sgt. Paris Johnson, pulls Justin Jones', son of Janine and Master Sgt. Michael Jones, flag during the last flag football game Saturday. The Lajes youth center is accepting applications for the upcoming basketball and cheerleading season. Youths 4-18 are eligible. Games will run from January-March. Volunteer coaches are also needed. For more information, call Jolene Wilkinson at 2-1197. (Photo by Staff Sgt. Olenda Kleffner)

# Air Force releasing fitness instruction

by Staff Sgt. C. Todd Lopez  
Air Force Print News

WASHINGTON — One of the most noticeable changes to the Air Force's new fitness program is that it will be defined by an operational rather than a medical instruction.

The change shows that senior leaders consider fitness an important part of operational readiness, said Maj. Lisa Schmidt, the Air Force chief of health promotions operations.

"As we support the aerospace expeditionary force and the environments we now deploy to, fitness becomes a readiness issue," Schmidt said. "If a person is fit, they are going to be able to tolerate austere environments, the fatigue and the temperature changes."

The full text of the Air Force's new fitness instruction will be available to the force before Jan. 1, she said. The planned release comes less than five months after the service's highest ranking officer told airmen there would be changes in the way the Air Force

looked at physical fitness.

"The amount of energy we devote to our fitness programs is not consistent with the growing demand of our warrior culture," wrote Air Force Chief of Staff Gen. John P. Jumper in his July Sight Picture. "It's time to change that."

Besides making physical fitness a readiness requirement, the new instruction also puts an emphasis on commander involvement in unit fitness programs.

"If you look at the July Sight Picture, General Jumper says fitness is a commander's responsibility," Schmidt said. "This instruction puts more responsibility on the commander, not the medical community."

Among other things, the instruction requires unit and squadron commanders to implement and maintain a unit physical-training program and to

offer the program at least three times a week.

The instruction also details methodology for conducting fitness evaluations. Schmidt said the instructions for conducting the push-up and crunch portions of the evaluation should be no surprise to airmen. They are the same instructions that have been used at the end of the cycle-ergometry test for the last two years.

"The only change is that the push-ups and crunches will be evaluated for one minute, instead of two minutes," Schmidt said.

The new fitness instruction takes effect Jan. 1, and will make obsolete the current fitness and weight-management instructions, Air Force Instruction 40-501 and AFI 40-502.

## Today

12:00 PM  
38- Headline News  
39- The Life Of Mammals  
12:22 PM  
38- Pacific Report  
12:30 PM  
38- Tonight Show With Jay Leno  
40- ESPNNews  
1:00 PM  
36- Headline News  
37- Calliou:Caillou Cooks  
39- Buffy The Vampire Slayer:Shadow  
40- College Football - 2003 GMAC Bowl: Louisville Vs Miami Oh  
1:30 PM  
36- World News This Morning  
37- The Weekend:ers:Talent Show/ Relative Boredom  
38- The Late Show With David Letterman  
1:45 PM  
36- World News This Morning  
2:00 PM  
36- The Early Show  
37- As Told By Ginger  
39- Iron Chef:Noodle/Chen Vs Toshiyuki Nakagawa  
2:30 PM  
37- Chalk Zone:Birdhouse Blues\ The Original Chalkzone Pilot\ Bushel Full O' Yum\ Rudy's Story  
38- Access Hollywood  
3:00 PM  
37- Jeopardy!  
38- The Preacher's Wife  
39- Rugrats:Changes For Chuckie  
40- Sportscenter  
3:30 PM  
37- Headline News  
39- Spongebob Squarepants Tv-7: - Welcome To The Chum Bucket / Frankendoodle  
4:00 PM  
36- Fox News Live  
37- ESPNNews  
39- The Simpsons:Bye Bye Nerdy  
40- Inside The NFL  
4:30 PM  
37- Headline News  
39- Home Improvement:Mark's Big Break  
5:00 PM  
36- Primetime  
37- King Of The Hill:Be True To Your Fool  
39- Charmed:Centennial Charmed  
40- Sportscenter  
5:15 PM  
38- Snow Day  
5:30 PM  
37- That 70's Show:Black Dog  
6:00 PM  
36- Fox News Live  
37- Barbara Walters Presents The 10 Most Fascinating People Of 2003  
39- The X-Files:Ghost In The Machine  
40- NFL Total Access  
7:00 PM  
36- Headline News  
37- 24:Day 2: 5:00 P.M.- 6:00 P.M.  
38- Today  
39- Savage Earth:Out Of The Inferno  
40- ESPNNews  
7:30 PM  
36- Inside Politics  
40- ESPNNews  
8:00 PM  
37- Headline News  
39- The Life Of Mammals  
40- NFL Films Presents - Game Of The Week  
8:30 PM  
36- Headline News  
37- Tonight Show With Jay Leno  
9:00 PM  
36- Lester Holt Live  
38- Bear In The Big Blue House Yr. 6:Volunteers Of Woodland Valley  
39- Buffy The Vampire Slayer:Shadow  
40- Around The Horn  
9:30 PM  
37- The Late Show With David Letterman  
38- Franklin:Franklin Stays Up/Franklin's Bargain  
40- Pardon The Interruption  
10:00 PM  
36- Headline News  
38- Rocket Power:Tito Sitting/ There's Something About Breezy  
39- Iron Chef:Noodle/Chen Vs Toshiyuki Nakagawa  
40- Sportscenter  
10:30 PM  
36- NBC Nightly News  
37- Access Hollywood  
38- The Fairly Oddparents  
11:00 PM  
36- ABC World News Tonight  
37- The Preacher's Wife  
38- Yu-Gi-Oh! Tv-7: - The Dueling Monkey

39- The View  
11:30 PM  
36- CBS Evening News  
38- The Proud Family:Who You Callin' A Sissy  
40- NBA Shootaround  
Saturday  
12:00 AM  
36- The Newshour  
38- Outward Bound: Costa Rica/ Colorado Tv-7: - Episode 18  
39- Living Better With Carrie Wiatt  
40- NBA - Detroit Pistons vs. Indiana Pacers  
12:30 AM  
38- The Best Of:Italian Dishes  
39- Homes With Style:Country Living Presents Garden Entertaining  
1:00 AM  
36- Hannity & Colmes  
38- Trading Spaces Family:North Carolina: Dogwood Trail  
39- While You Were Out  
1:15 AM  
37- Snow Day  
2:00 AM  
36- The News With Brian Williams  
38- Friday Night Fights - Cruiserweight Title Bout: O'neil Bell Vs Derrick Harmon  
39- The AMazing Race:He's A Few Ticks Away From Having A Heart Attack!  
2:30 AM  
40- NBA - San Antonio Spurs vs. Seattle Supersonics  
3:00 AM  
36- BET Nightly News  
37- Headline News  
39- Gilmore Girls:That'll Do Pig  
3:30 AM  
36- Nightly Business Report  
37- ESPNNews  
4:00 AM  
36- Larry King Live  
37- Headline News  
38- ESPNNews  
39- The Division:Mother's Day  
4:30 AM  
37- Headline News  
38- ESPNNews  
5:00 AM  
36- Newsnight With Aaron Brown  
37- Bear In The Big Blue House Yr. 6:Volunteers Of Woodland Valley  
38- WWE Raw!  
39- A Season For Miracles  
40- Sportscenter  
5:30 AM  
37- Franklin:Franklin Stays Up/Franklin's Bargain  
6:00 AM  
36- Paula Zahn Now  
37- Rocket Power:Tito Sitting/ There's Something About Breezy  
38- Headline News  
40- NFL Total Access  
6:30 AM  
37- The Fairly Oddparents  
38- Navy/Marine Corps News  
7:00 AM  
36- Nightline  
37- Yu-Gi-Oh! Tv-7: - The Dueling Monkey  
38- Entertainment Tonight  
39- The View  
40- College Football - 2003 Division I-Aa Football Championship: Teams Tbd  
7:30 AM  
36- Army Newswatch  
37- The Proud Family:Who You Callin' A Sissy  
8:00 AM  
36- Hardball With Chris Matthews  
37- Trading Spaces Family:North Carolina: Dogwood Trail  
38- Headline News  
39- Living Better With Carrie Wiatt  
8:30 AM  
38- ESPNNews  
39- Homes With Style:Country Living Presents Garden Entertaining  
9:00 AM  
36- The O'Reilly Factor  
37- Outward Bound: Costa Rica/ Colorado Tv-7: - Episode 18  
38- One On One:The One About Your Friends  
39- While You Were Out  
9:30 AM  
37- The Best Of:Italian Dishes  
38- According To Jim:The Brother-In-Law  
10:00 AM  
36- Dateline NBC  
37- Entertainment Tonight  
38- The Practice:The Making Of A Trial Attorney  
39- The AMazing Race:He's A Few Ticks Away From Having A Heart Attack!  
40- Sportscenter



**Tonight, 7 p.m:** "Texas Chainsaw Massacre," R, 100 min. Jessica Biel. Five 20-somethings find themselves stranded in a small Texas town, where they encounter a chainsaw-wielding maniac known as Leatherface; 10 p.m: "Kill Bill," R, 111 min. Uma Thurman. An assassin named the Bride is shot by her boss at her wedding, the wedding guests are also shot.

**Saturday, 7 p.m:** "In the Cut," R, 118 min. Franny, a New York City professor dives into a passionate, possibly dangerous affair with a police officer who is investigating the murder of a young woman.

**Sunday, 2 p.m:** "Kill Bill"; 7 p.m: "Texas Chainsaw Massacre."

**Tuesday:** "In the Cut." (Note: The theater is closed Wednesday and Thursday)

11:00 AM  
36- CNN Saturday Morning  
37- WWE Raw!  
38- Law & Order: Special Victims Unit:Privilege  
39- Gilmore Girls:That'll Do Pig  
40- NHL - Colorado Avalanche vs. Anaheim Mighty Ducks  
12:00 PM  
36- 20/20  
37- One On One:The One About Your Friends  
38- Headline News  
39- The Division:Mother's Day  
12:30 PM  
37- According To Jim:The Brother-In-Law  
38- Saturday Night Live 03'-04':SNL Christmas Special 2002 Encore  
1:00 PM  
36- Saturday Today  
37- The Practice:The Making Of A Trial Attorney  
39- A Season For Miracles  
1:30 PM  
40- NFL Live  
2:00 PM  
37- Law & Order: Special Victims Unit:Privilege  
38- Live In Hollywood  
40- Sportscenter  
3:00 PM  
36- Wall Street Journal  
37- Headline News  
38- The Entertainers  
39- The View  
3:30 PM  
36- America's Black Forum  
37- Navy/Marine Corps News  
40- NFL Countdown  
4:00 PM  
36- News From CNN  
37- College Basketball - Acc: Texas vs. Duke  
38- College Basketball - Big Ten: Kentucky vs. Indiana  
39- Living Better With Carrie Wiatt  
40- NHL Cool Shots  
4:30 PM  
39- Homes With Style:Country Living Presents Garden Entertaining  
40- NFL Matchup  
5:00 PM  
36- Dateline NBC  
39- While You Were Out  
40- Fox NFL Sunday  
5:30 PM  
40- NFL - Atlanta Falcons vs. Tampa Bay

Buccaneers  
6:00 PM  
36- Headline News  
37- ESPNNews  
39- The AMazing Race:He's A Few Ticks Away From Having A Heart Attack!  
6:30 PM  
36- Army Newswatch  
37- NFL Live  
38- ESPNNews  
7:00 PM  
36- 20/20  
37- ESPNNews  
38- Headline News  
39- Gilmore Girls:That'll Do Pig  
7:30 PM  
37- Saturday Night Live 03'-04':SNL Christmas Special 2002 Encore  
38- Hour Of Power - Episode 87  
8:00 PM  
36- Fox News Live  
38- Coral Ridge Hour:Scrooge And Marley  
39- The Division:Mother's Day  
8:30 PM  
40- College Basketball - Teams Tbd Jip  
9:00 PM  
36- Fox News Live  
37- NFL - Kansas City Chiefs vs. Minnesota Vikings  
38- Coral Ridge Hour - What If Jesus Had Never Been Born  
39- A Season For Miracles  
10:00 PM  
36- Headline News  
38- Headline News  
10:30 PM  
36- McLaughlin Group  
38- A Rugrats Kwanzaa  
40- College Basketball - Teams Tbd  
11:00 PM  
36- Capital Gang  
38- Wishbone:Digging Up The Past  
39- Swamp Critters Of The Lost Lagoon:Christmas  
11:30 PM  
38- Army Newswatch  
39- Harvest With Greg Laurie - Satisfaction For The Spiritually Thirsty

## Sunday

12:00 AM  
36- Washington Week In Review  
37- ESPNNews  
38- NFL Primetime  
39- Precepts For Life:Why AM I? Pt. 2  
12:30 AM  
36- Headline News  
37- Live In Hollywood  
38- NFL - New England Patriots vs. Ny Jets  
39- Real Videos:Amy Morriss  
40- ESPNNews  
1:00 AM  
36- People In The News  
39- The Simpsons:Homer Badman  
40- Golf - Wendy's Three Tour Challenge: Third Round  
1:30 AM  
37- The Entertainers  
39- Malcolm In The Middle  
2:00 AM  
36- CNN Saturday Night  
39- Everybody Loves Raymond:Separation  
2:30 AM  
37- A American Athlete  
39- The King Of Queens:Class Struggle  
3:00 AM  
36- Dateline International  
37- Headline News  
39- American Dreams:The Pursuit Of Happiness  
40- College Football - 2003 Ncaa Division Iii Football Championship: Teams Tbd  
3:30 AM  
37- Hour Of Power - Episode 87  
38- Motorweek  
4:00 AM  
36- Larry King Live  
37- Coral Ridge Hour:Scrooge And Marley  
38- Call Me Claus  
39- Magnum P.I.:Home From The Sea  
5:00 AM  
36- At Large With Geraldo Rivera  
37- Coral Ridge Hour - What If Jesus Had Never Been Born  
39- Family Ties:A Word To The Wise Pt. 1  
5:30 AM  
38- Ebert & Roeper At The Movies  
39- The Cosby Show:No Way Baby  
6:00 AM  
36- Beltway Boys  
37- Wishbone:Digging Up The Past  
38- WWE Smackdown!  
39- Chips:Awake We Go  
40- ESPNNews  
6:30 AM  
36- Fox News Watch  
37- Clifford The Big Red Dog:The Kibble Crook/ Screaming For Ice-Cream



40- ESPNews 7:00 AM	39- The Cosby Show:No Way Baby 10:00 PM	37- Headline News 38- Nypd Blue:Healthy Mcdowell Movement	Graveyard Shift / Krusty Love
36- Headline News	36- Tim Russert	39- Law & Order:Whose Monkey Is It Anyway	Tuesday
37- Call Me Claus	39- Chips:Aweigh We Go 11:00 PM	39- Judge Judy 10:30 AM	12:00 AM
38- Andromeda:Point Of The Spear	36- Fox Report	37- Judge Judy 11:00 AM	36- The Newshour
39- Swamp Critters Of The Lost Lagoon:Christmas	37- Headline News	36- Good Morning AMERICA	38- The Dr. Phil Show
40- College Basketball - Las Vegas	38- Dora: The Explorer	37- Today	39- The Simpsons:Trilogy Of Error 12:30 AM
Showdown - Mwc: Alabama Vs Oregon	39- Rugrats:Cat Got Your Tongue	38- C.S.I.: Miami:Body Count	39- Home Improvement:Love's Labor's Lost Pt 1
7:30 AM	40- Sportscenter 11:30 PM	39- Critical Rescue:Thin Ice	1:00 AM
36- AMERICA's Black Forum	37- Seinfeld:The Virgin	40- NHL - Philadelphia Flyers vs. Atlanta Thrashers	36- Hannity & Colmes
39- Harvest With Greg Laurie - Satisfaction	38- Wheel Of Fortune	12:00 PM	37- Monday Night Football - Green Bay Packers vs. Oakland Raiders
For The Spiritually Thirsty	39- Spongebob Squarepants Tv-7: - The Secret Box / Band Geeks	38- Headline News	38- The Oprah Winfrey Show
8:00 AM	40- NFL Primetime	39- AMERICAN Chopper 12:22 PM	39- J.A.G.:All Ye Faithful
36- Headline News		38- Pacific Report 12:30 PM	40- College Basketball - Big XII: Iowa vs. Texas Tech
38- Headline News		38- Tonight Show With Jay Leno 1:00 PM	2:00 AM
39- Precepts For Life:Why AM I? Pt. 2		36- Headline News	36- The News With Brian Williams
8:30 AM	Monday	37- Zooboomafoo:Bathtime	38- NBC Nightly News
36- Navy/Marine Corps News	12:00 AM	39- Scrooged	39- The Practice:Vanished Pt. 1
37- A Rugrats Kwanzaa	36- This Week	40- Golf - Wendy's Three Tour Challenge: Final Round	2:30 AM
38- ESPNews	37- That 70's Show:Jackie Bags Hyde	36- World News This Morning	38- Judge Judy
39- Real Videos:Amy Morriss	38- The Dr. Phil Show	37- Disney's Buzz Lightyear Of Star Command:42	3:00 AM
9:00 AM	39- The Simpsons:Simpson Safari	38- The Late Show With David Letterman 1:45 PM	36- BET Nightly News
36- Big Story Weekend Edition	12:30 AM	36- World News This Morning	38- Access Hollywood
37- Motorweek	37- Entertainment Tonight	2:00 PM	39- Biography:Santa Claus
38- Smallville:Skinwalker	39- Home Improvement:Young At Heart	36- The Early Show	40- Figure Skating - Grand Prix Of Figure Skating: Final
39- The Simpsons:Homer Badman	40- NFL - Denver Broncos vs. Indianapolis Colts	37- Cyberchase 2:30 PM	3:25 AM
40- Sportscenter	1:00 AM	37- Even Stevens:Scrub Day	38- Guiding Light
9:30 AM	36- Dateline International	38- Access Hollywood	3:30 AM
37- Ebert & Roeper At The Movies	38- The Oprah Winfrey Show	39- Headline News	36- Nightly Business Report
39- Malcolm In The Middle	39- Buffy The Vampire Slayer:Sleeper	37- Jeopardy!	4:00 AM
10:00 AM	1:30 AM	38- The Secret Of Giving	36- Larry King Live
36- CNN Presents	37- WWE Smackdown!	39- Rugrats:Cat Got Your Tongue	39- It's A Wonderful Life
37- Headline News	2:00 AM	40- Sportscenter	4:13 AM
38- The Family Man	36- 60 Minutes	37- Headline News	38- General Hospital
39- Everybody Loves Raymond:Separation	38- Headline News	39- AMERICAN Chopper	4:30 AM
40- NHL - Teams Tbd	39- Law & Order:Whose Monkey Is It Anyway	4:13 AM	37- Headline News
10:30 AM	2:30 AM	38- General Hospital	5:00 AM
37- Army Newswatch	37- America's Black Forum	4:30 AM	36- Newsnight With Aaron Brown
39- The King Of Queens:Class Struggle	38- Judge Judy	37- ESPN	37- Sesame Street
11:00 AM	3:00 AM	38- Roman Holiday	38- Disney's Pb&J Otter:The Silent Treatment/ Picture Perfect
36- Fox & Friends	36- CNN Presents	5:00 PM	40- NFL Total Access
37- College Basketball - Las Vegas	37- Meet The Press	36- Fox News Live	5:30 AM
Showdown: Mwc: Auburn vs. Unlv	38- Access Hollywood	37- Nypd Blue:Healthy Mcdowell Movement	38- What's New Scooby Doo?:It's Mean It's Green It's The Mystery Machine
39- AMERICAN Dreams:The Pursuit Of Happiness	39- Critical Rescue:Thin Ice	39- Law & Order:Whose Monkey Is It Anyway	6:00 AM
12:00 PM	3:25 AM	7:00 PM	36- Paula Zahn Now
36- Fox & Friends	38- Guiding Light	36- Headline News	37- Dragon Tales:Cassie The Green Eyed Dragon/
39- Magnum P.I.:Home From The Sea	3:30 AM	37- Headline News	38- That's So Raven:Mother Dearest
12:15 PM	40- Sportscenter	39- Home Improvement:Young At Heart	40- ESPN
38- Headline News	4:00 AM	40- NFL Primetime	6:30 AM
12:30 PM	36- Larry King Live	4:45 PM	37- Wheel Of Fortune
38- Seinfeld:The Virgin	37- Headline News	38- Roman Holiday	38- All That
40- Sportscenter	39- AMERICAN Chopper	5:00 PM	39- Ebert & Roeper At The Movies
1:00 PM	4:30 AM	36- Fox News Live	40- ESPN
36- CBS News Sunday Morning	37- ESPN	37- 60 Minutes	7:00 AM
37- Sportscenter	5:00 AM	38-	36- Nightline
38- Meet The Press	36- At Large With Geraldo Rivera	39- Buffy The Vampire Slayer:Sleeper	37- The Dr. Phil Show
39- Family Ties:A Word To The Wise Pt. 1	37- Sesame Street	5:30 PM	38- Jeopardy!
1:30 PM	38- Zooboomafoo:Bathtime	40- College Basketball - Acc: St. John's vs. Georgia Tech	39- Rugrats:And The Winner Is
39- The Cosby Show:No Way Baby	39- Scrooged	6:00 PM	40- NHL - Teams Tbd
40- NFL Live	40- NFL Primetime	36- Fox News Live	7:30 AM
2:00 PM	5:30 AM	37- Nypd Blue:Healthy Mcdowell Movement	36- Navy/Marine Corps News
37- WWE Smackdown!	6:00 AM	39- Law & Order:Whose Monkey Is It Anyway	38- Headline News
38- AMERICA's Black Forum	36- Access Hollywood	7:00 PM	39- Spongebob Squarepants Tv-7: - The Graveyard Shift / Krusty Love
39- Chips:Aweigh We Go	37- Dora: The Explorer	36- Headline News	7:46 AM
40- The Sports Reporters	38- Cyberchase	37- C.S.I.: Miami:Body Count	37- The Oprah Winfrey Show
2:30 PM	40- Sportscenter	38- ESPN	7:52 AM
36- Face The Nation	37- Wheel Of Fortune	39- Critical Rescue:Thin Ice	38- Pacific Report
38- Entertainment Tonight	38- Even Stevens:Scrub Day	7:30 PM	8:00 AM
40- Sportscenter	7:00 AM	36- Inside Politics	36- Hardball With Chris Matthews
3:00 PM	36- Beltway Boys	38- Headline News	38- ESPN
36- Headline News	37- The Dr. Phil Show	40- ESPN	39- The Simpsons:Trilogy Of Error
37- Andromeda:Point Of The Spear	38- Jeopardy!	8:00 PM	8:30 AM
39- Swamp Critters Of The Lost Lagoon:Christmas	39- Rugrats:Cat Got Your Tongue	37- Headline News	38- Headline News
40- NFL Countdown	40- Sportscenter	38- Today	39- Home Improvement:Love's Labor's Lost Pt 1
3:30 PM	7:30 AM	39- AMERICAN Chopper	8:35 AM
36- Navy/Marine Corps News	36- Fox News Watch	40- NFL Primetime	37- Guiding Light
38- ESPN	38- Headline News	8:30 PM	8:52 AM
39- Harvest With Greg Laurie - Satisfaction	39- Spongebob Squarepants Tv-7: - The Secret Box / Band Geeks	36- Headline News	38- Pacific Report
For The Spiritually Thirsty	40- Figure Skating - Grand Prix Of Figure Skating: Nhk Trophy	37- Tonight Show With Jay Leno	9:00 AM
4:00 PM	7:46 AM	9:00 PM	36- The O'Reilly Factor
36- Late Edition W/ Wolf Blitzer	37- The Oprah Winfrey Show	36- Lester Holt Live	38- Monday Night Football - Green Bay Packers vs. Oakland Raiders
37- The NFL Today	7:52 AM	39- Scrooged	39- J.A.G.:All Ye Faithful
38- Fox NFL Sunday	38- Pacific Report	40- College Gameday	9:17 AM
39- Precepts For Life:Why AM I? Pt. 2	8:00 AM	37- The Late Show With David Letterman	37- General Hospital
4:30 PM	36- Bulls & Bears	40- College Football - 2003 Tangerine Bowl: Nc State Vs Kansas	9:30 AM
39- Real Videos:Amy Morriss	38- ESPN	10:00 PM	40- Sportscenter
5:00 PM	39- The Simpsons:Simpson Safari	36- Headline News	36- CNN Daybreak
36- NFL - Teams Tbd	8:30 AM	38- Sesame Street	10:00 AM
38- NFL - Teams Tbd	36- Cavuto On Business	10:30 PM	37- Headline News
39- The Simpsons:Homer Badman	38- Headline News	36- NBC Nightly News	39- The Practice:Vanished Pt. 1
40- NFL - Teams Tbd	39- Home Improvement:Young At Heart	11:00 PM	10:30 AM
5:30 PM	8:35 AM	36- ABC World News Tonight	37- Judge Judy
39- Malcolm In The Middle	37- Guiding Light	37- ESPN	40- College Basketball - Big XII: Iowa vs. Texas Tech
6:00 PM	8:52 AM	38- Dragon Tales:Cassie The Green Eyed Dragon/	11:00 AM
36- Fox News Live	38- Pacific Report	39- Rugrats:And The Winner Is	36- Good Morning AMERICA
39- AMERICAN Dreams:The Pursuit Of Happiness	9:00 AM	11:30 PM	37- Today
7:00 PM	36- The O'Reilly Factor	36- CBS Evening News	39- Biography:Santa Claus
36- Fox News Live	38- 60 Minutes	37- Monday Night Countdown	12:00 PM
39- A-MERICAN Dreams:The Pursuit Of Happiness	39- Buffy The Vampire Slayer:Sleeper	38- Wheel Of Fortune	38- ESPN
8:00 PM	9:17 AM	39- Spongebob Squarepants Tv-7: - The	39- It's A Wonderful Life
36- CNN Sunday	37- General Hospital		12:30 PM
37- NFL - Teams Tbd	9:30 AM		38- Headline News
38- NFL - Teams Tbd	40- Sportscenter		40- Sportscenter
39- Magnum P.I.:Home From The Sea	10:00 AM		
40- NFL - Teams Tbd	36- CNN Daybreak		
9:00 PM			
36- Meet The Press			
39- Family Ties:A Word To The Wise Pt. 1			
9:30 PM			

12:52 PM	1:30 AM	38- The Late Show With David Letterman	39- Ultimate Christmas Present
38- Pacific Report	39- Christmas Unwrapped: The History Of	40- Sportscenter	3:00 AM
1:00 PM	Christmas - Christmas Unwrapped: The	1:45 PM	36- BET Nightly News
36- Headline News	History Of Christmas	36- World News This Morning	37- Headline News
37- Disney's Pb&J Otter:The Silent	2:00 AM	2:00 PM	38- Walt Disney World's Very Merry
Treatment/ Picture Perfect	36- The News With Brian Williams	36- The Early Show	Christmas Parade
38- Tonight Show With Jay Leno	38- NBC Nightly News	37- A Walk In Your Shoes	3:15 AM
1:30 PM	2:30 AM	2:30 PM	40- Gravity Games
36- World News This Morning	38- Judge Judy	37- Liberty's Kids Eps 14-26	3:30 AM
37- What's New Scooby Doo?:It's Mean It's	39- Christmas At War - Christmas At War	38- Access Hollywood	36- Nightly Business Report
Green It's The Mystery Machine	3:00 AM	40- Pardon The Interruption	37- ESPNNews
40- NFL Total Access	36- BET Nightly News	3:00 PM	4:00 AM
1:45 PM	37- Headline News	37- Jeopardy!	36- Larry King Live
36- World News This Morning	38- Access Hollywood	38- National Lampoon's Christmas	37- Headline News
2:00 PM	40- Sportscenter	Vacation	4:15 AM
36- The Early Show	3:25 AM	39- Franklin's Magical Xmas	39- Marvin Hamlisch's Christmas Salute To
37- That's So Raven:Mother Dearest	38- Guiding Light	40- Sportscenter	The Troops
38- The Late Show With David Letterman	3:30 AM	3:30 PM	4:30 AM
2:30 PM	36- Nightly Business Report	37- Headline News	37- Headline News
37- All That	37- ESPNNews	4:00 PM	5:00 AM
39- Ebert & Roeper At The Movies	39- A Christmas Carol 1938	36- Fox News Live	36- Newsnight With Aaron Brown
40- Beyond The Glory	4:00 AM	37- ESPNNews	37- Us Navy Band's: Happy Holidays
3:00 PM	36- Larry King Live	39- Rudolph The Red-Nosed Reindeer -	Concert
37- Jeopardy!	37- Headline News	Rudolph The Red- Nosed Reindeer	38- A Christmas Story
38- Mother	40- Motorcycle Racing - Fim: Speedway	40- NBA Fastbreak	40- NFL Total Access
39- Rugrats:And The Winner Is	World Cup	4:30 PM	5:15 AM
40- Sportscenter	4:13 AM	37- Headline News	39- Home Alone
3:30 PM	38- General Hospital	40- 54321	6:00 AM
37- Headline News	4:30 AM	4:45 PM	36- Paula Zahn Now
39- Spongebob Squarepants Tv-7: - The	37- Headline News	38- Shakespeare In Love	40- Sportscenter
Graveyard Shift/ Krusty Love	4:45 AM	5:00 PM	6:30 AM
4:00 PM	39- White Christmas	36- Fox News Live	37- Bugs Bunny-Looney Christmas Tales
36- Fox News Live	5:00 AM	37- Frosty The Snowman - Frosty The	7:00 AM
37- ESPNNews	36- Newsnight With Aaron Brown	Snowman	36- Nightline
39- The Simpsons:Trilogy Of Error	37- Sesame Street	39- B. Smith With Style	37- Christmas At The Crystal Cathedral
40- NBA Fastbreak	38- Baby Looney Tunes:Mine!	40- NFL Live	38- Jeopardy!
4:30 PM	40- NFL Total Access	5:30 PM	39- Rugrats:The Santa Experienceparts 1
37- Headline News	5:30 AM	37- How The Grinch Stole Christmas	And 2
39- Home Improvement:Love's Labor's	38- I Spy	39- Christmas Unwrapped: The History Of	40- College Football - 2003 Las Vegas Bowl:
Lost Pt 1	6:00 AM	Christmas - Christmas Unwrapped: The	New Mexico Vs Oregon State
40- NFL's Greatest Moments - Veteran's	36- Paula Zahn Now	History Of Christmas	7:30 AM
Day	37- Bob The Builder	40- College Football - Outback Bowl	36- Army Newswatch
4:45 PM	38- A Walk In Your Shoes	Preview	38- Headline News
5:00 PM	40- Sportscenter	6:00 PM	39- Winnie The Pooh And Christmas Too
36- Fox News Live	6:30 AM	36- Fox News Live	8:00 AM
37- Smallville:Skinwalker	37- Wheel Of Fortune	37- Dr. Seuss' How The Grinch Stole	36- Hardball With Chris Matthews
38- Operation Dumbo Drop	38- Liberty's Kids Eps 14-26	Christmas	37- St. Olaf Christmas Festival
39- J.A.G.:All Ye Faithful	7:00 AM	40- College Football - Chick-Fil-A Peach	38- ESPNNews
40- Monday Night Football - Green Bay	36- Nightline	Bowl Preview	39- Arthur's Perfect Christmas
Packers vs. Oakland Raiders	37- The Dr. Phil Show	6:30 PM	8:30 AM
6:00 PM	38- Jeopardy!	39- Christmas At War - Christmas At War	38- Headline News
36- Fox News Live	39- Franklin's Magical Xmas	40- NHL - Teams Tbd	9:00 AM
37- The Family Man	40- NHL - Teams Tbd	7:00 PM	36- The O'Reilly Factor
39- The Practice:Vanished Pt. 1	7:30 AM	36- Headline News	37- Walt Disney World's Very Merry
7:00 PM	36- Headline News	38- ESPNNews	Christmas Parade
36- Headline News	38- Headline News	7:30 PM	38- Reel Time
38- ESPNNews	7:46 AM	36- Inside Politics	39- The Muppet Christmas Carol
39- Biography:Santa Claus	37- The Oprah Winfrey Show	38- Headline News	9:10 AM
7:30 PM	7:52 AM	39- A Christmas Carol 1938	38- Harry Potter And The Sorcerer's Stone
36- Inside Politics	38- Pacific Report	8:00 PM	10:00 AM
38- Headline News	8:00 AM	37- Headline News	36- 60 Minutes Ii
8:00 PM	36- Hardball With Chris Matthews	38- Today	10:30 AM
38- Today	38- ESPNNews	8:30 PM	40- Sportscenter
39- It's A Wonderful Life	39- Rudolph The Red-Nosed Reindeer -	36- Headline News	10:45 AM
40- ESPNNews	Rudolph The Red- Nosed Reindeer	37- Tonight Show With Jay Leno	39- Ultimate Christmas Present
8:15 PM	8:30 AM	40- ESPNNews	11:00 AM
37- Headline News	38- Headline News	8:45 PM	36- Good Morning America
8:30 PM	8:35 AM	39- White Christmas	37- Today
36- Navy/Marine Corps News	37- Guiding Light	9:00 PM	11:30 AM
40- ESPNNews	8:52 AM	36- Lester Holt Live	40- Rome Is Burning
8:45 PM	38- Pacific Report	40- Around The Horn	12:00 PM
37- Tonight Show With Jay Leno	9:00 AM	9:30 PM	38- Headline News
9:00 PM	36- The O'Reilly Factor	40- Pardon The Interruption	12:15 PM
36- Lester Holt Live	38- Frosty The Snowman - Frosty The	9:30 PM	39- Marvin Hamlisch's Christmas Salute To
40- Around The Horn	Snowman	40- Pardon The Interruption	The Troops
9:30 PM	39- B. Smith With Style	10:00 PM	12:22 PM
40- Pardon The Interruption	9:17 AM	36- Headline News	38- Pacific Report
9:45 PM	37- General Hospital	38- Us Navy Band's: Happy Holidays	12:30 PM
37- The Late Show With David Letterman	9:30 AM	Concert	38- Scrooged
10:00 PM	38- How The Grinch Stole Christmas	40- Sportscenter	40- Sports Special - Best Of Sportscenter
36- Headline News	39- Christmas Unwrapped: The History Of	11:30 PM	1:00 PM
38- Sesame Street	Christmas - Christmas Unwrapped: The	36- NBC Nightly News	36- Headline News
40- Sportscenter	History Of Christmas	37- Access Hollywood	37- A Christmas Story
10:30 PM	40- Sportscenter	11:00 PM	1:15 PM
36- NBC Nightly News	10:00 AM	36- ABC World News Tonight	39- Home Alone
39- Ebert & Roeper At The Movies	36- CNN Daybreak	37- College Gameday	1:30 PM
10:45 PM	37- Headline News	39- Rugrats:The Santa Experienceparts 1	36- World News This Morning
37- ESPNNews	38- Dr. Seuss' How The Grinch Stole	And 2	1:45 PM
11:00 PM	Christmas	40- NFL Live	36- World News This Morning
36- ABC World News Tonight	10:30 AM	36- CBS Evening News	2:00 PM
37- College Gameday	37- Judge Judy	37- College Football - 2003 Las Vegas Bowl:	36- The Early Show
38- Bob The Builder	39- Christmas At War - Christmas At War	New Mexico Vs Oregon State	40- Inside The NFL
39- Franklin's Magical Xmas	40- NFL Live	38- St. Olaf Christmas Festival	2:30 PM
40- NFL Live	11:00 AM	39- Winnie The Pooh And Christmas Too	38- Access Hollywood
11:30 PM	36- Good Morning America	40- Gravity Games	3:00 PM
36- CBS Evening News	37- Today		37- Jeopardy!
37- College Football - 2003 Fort Worth	40- NBA Fastbreak		38- My Dog Skip
Bowl: Boise State Vs Tcu	11:30 AM		39- Rugrats:The Santa Experienceparts 1
38- Wheel Of Fortune	39- A Christmas Carol 1938		And 2
40- NFL Films Presents - The Golden Boy	40- College Football - 2003 Fort Worth		40- Sportscenter
	Bowl: Boise State Vs Tcu		3:30 PM
	12:00 PM		37- Headline News
Christmas Eve	38- Headline News		39- Winnie The Pooh And Christmas Too
12:00 AM	12:22 PM		4:00 PM
36- The Newshour	38- Pacific Report		36- Fox News Live
38- The Dr. Phil Show	12:30 PM		37- ESPNNews
39- Rudolph The Red-Nosed Reindeer -	38- Tonight Show With Jay Leno		39- Arthur's Perfect Christmas
Rudolph The Red- Nosed Reindeer	12:45 PM		40- NFL Live
40- Motorcycle Racing - Fim: Speedway	39- White Christmas		4:30 PM
Grand Prix Slovenia	1:00 PM		37- Headline News
1:00 AM	36- Headline News		40- Sports Special - Best Of Sportscenter
36- Hannity & Colmes	37- Baby Looney Tunes:Mine!		4:45 PM
38- The Oprah Winfrey Show	1:30 PM		38- Blast From The Past
39- B. Smith With Style	36- World News This Morning		5:00 PM
40- College Basketball - Big Xii: Illinois Vs	37- I Spy		36- 60 Minutes Ii
Missouri			

# PLANNER

## Today

AAFES: Flightline BX: Open 10 a.m.-8 p.m.; Ocean View BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Catholic Rosary for Peace in the World, 6:30 a.m.; Mass, 7 a.m., Confessions 3-3:30 p.m.; CWOC Mass (1st Friday of the month) 5:30 p.m.

Fitness Center: Open 5 a.m.-midnight.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m. - 1:30 p.m., Seafood Newburg, Beef and Corn Pie, and Roast Turkey; Dinner 4 - 7 p.m., Simmered Corn Beef, Pineapple Chicken, Yankee Pot Roast. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-6 p.m.  
Oceanview Island Grill: Lasagna, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Sliced turkey, mashed potatoes & gravy, dinner roll, seasoned green beans, chilled fruit mixed, milk

Skating Rink: Open 7-11 p.m.  
Skills Development Center:

Open 10 a.m.-6 p.m.

Teen Center: Teen social, 9 p.m.-midnight.

Top of the Rock Club: Lunch 11 a.m.-1:30 p.m., seafood buffet. Dinner 5-9 p.m., Prime and Wine

## Saturday

AAFES: Flightline BX: Open 10 a.m.-8 p.m.; Ocean View BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Gospel praise team practice, 10 a.m.; Mass, 10 a.m.; Fitness Center: Open 8 a.m.-7 p.m.

Child Development Center: Closed

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Brunch 7 a.m.-1 p.m., Savory Baked Chicken, Swedish Meatballs, and Creole Shrimp; Supper 4 - 7 p.m., Baked Fish, Hungarian Goulash, BBQ Chicken. Midnight meal 11 p.m.-1 a.m.

Dry Cleaners: 10 a.m.-4 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

Skating Rink: Open 7-11 p.m.  
Skills Development Center:

Open 10 a.m.-6 p.m.

Teen Center: Teen social 8 p.m.-midnight.

Top of the Rock Club: Brunch 8:30 a.m.-noon. Huff and Fin dinner special 5-9 p.m.

## Sunday

AAFES: Flightline BX: Open 10 a.m.-5 p.m.; Ocean View BX: Open 10 a.m.-5 p.m.; Shoppette: Open noon-8 p.m.

Beauty Shop: Closed

Chapel: Evangelical service, 8:50 a.m.; Catholic religious education, 9 a.m.; Mass, 10:30 a.m.; Sunday school, 10:30 a.m.; Gospel service, noon; Catholic Choir Rehearsal 4 p.m.; Mass, 5 p.m.; Rosary and Adoration 5:40 p.m.

Fitness Center: Open 8 a.m.-7 p.m.

Child Development Center: Closed

Community Activities Center: Open noon-5 p.m.

Commissary: Open 11 a.m.-4 p.m.

Dining Hall: Brunch 7 a.m.-1 p.m., Oven Fried Fish, Cantonese Spareribs, Grilled Mustardy Chicken; Supper 4 - 7 p.m., Stir Fry Beef w/ Broccoli, Turkey Nuggets, Steak, Loin Strip; Short Order: Cheese Pizza and Reuben Sandwich.

Dry Cleaners: Closed

Gas Station: 10 a.m.-5p.m. (Gas only)

Library: Open 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 11 a.m.-7 p.m.

Skating Rink: Closed

Skills Development Center: Closed.

Top of the Rock Club: Bits & Bites menu, 4 p.m.

## Monday

AAFES: Flightline BX: Open 10 a.m.-8 p.m.; Ocean View BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Closed

Chapel: Catholic Rosary for Peace in the World, 6:30 a.m.; Mass, 11:30 a.m.; Women's Bible study, 7 p.m.

Fitness Center: Open 5 a.m.-midnight

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Closed

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Pot Roast, Baked Stuffed Fish, Roast Pork Loin; Dinner 4 - 7 p.m., Beef Canelloni, Chili Mac, and Southern fried chicken. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 9 a.m.-1 p.m.

Gas Station: Open 10 a.m.-5 p.m. (Gas only)

Library: Open 4-9 p.m.

Oceanview Island Grill: Meatball sandwich, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Closed

School Lunch: Christmas Break Skills Development Center:

Closed

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Southern buffet.

## Tuesday

AAFES: Flightline BX: Open 10 a.m.-8 p.m.; Ocean View BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Catholic Rosary for Peace in the World, 6:30 a.m.; Mass, 7 a.m.; Confessions 3-3:30 p.m.; AWANA 5:30 p.m.; Catholic Women of the Chapel (3rd Tuesday of the month), 7 p.m.

Fitness Center: Open 5 a.m.-midnight

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Teriyaki Chicken, Veal Parmesan, and Salmon Cakes; Dinner 4 - 7 p.m., Country Captain Chicken, Meat Loaf, Turkey a La King. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: 16" pizza with 2 toppings and drinks; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Christmas Break Skills Development Center: Open noon-8 p.m.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Mexican buffet. Dinner 5-9 p.m.

## Wednesday

AAFES: Flightline BX: Open 10 a.m.-6 p.m.; Ocean View BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Catholic Rosary for Peace in the World, 6:30 a.m.; Mass, 7 a.m.; Bible Study Fellowship 11:45

a.m.; Confessions 3-3:30 p.m.; Protestant candlelight service 7 p.m.; Catholic carol sing, 11:30 p.m.; Midnight Mass

Fitness Center: Open 5 a.m.-6p.m.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., BBQ Ham Steak, Turkey and Noodles, and Beef Ball Stroganoff; Dinner 4 - 7 p.m., Lemon-Herbed Chicken, BBQ Spareribs, and Stuffed Pork Chops. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-5 p.m.

Oceanview Island Grill: Fried shrimp, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Christmas Break Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Italian Buffet. Dinner 5-9 p.m. Family Buffet

## Thursday

AAFES: Flightline BX: Closed; Ocean View BX: Closed; Shoppette: Closed

Beauty Shop: Closed  
Chapel: Christmas Mass 10:30 a.m.

Fitness Center: Closed  
Child Development Center:

Closed

Community Activities Center: Closed

Commissary: Closed

Dining Hall: Breakfast 6-8:30 a.m., Christmas Day Meal 11 a.m.-3 p.m.; Dinner 4 - 7 p.m., Roast Loin of Pork, Jaegerschnitzel, and Glazed Cornish Hen.; Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Closed

Gas Station: Closed

Library: Closed

Oceanview Island Grill: Closed

Outdoor Recreation: Closed

School Lunch: Christmas Break

Skills Development Center:

Closed

Top of the Rock Club: Closed

## Holiday Hours

**Post Office thru Dec 31**

**Pickup window:** Monday-Friday 10 a.m. - 7 p.m.; Saturday 10 a.m. - 2 p.m.; closed Sunday and Christmas Day

**Cashier window:** Monday - Friday 10 a.m. - 5 p.m.; Saturday 10 a.m.-2 p.m.; closed Sunday and Christmas Day

**Fitness Center:** Dec. 26, 8 a.m. - midnight; Dec. 31, 5 a.m. - 6 p.m.; Jan. 1, closed; Jan. 2, 8 a.m. - midnight

**Library:** Closed Dec. 26

**Commisary:** Closed Dec. 26

**Legal:** Closed Tuesday at noon. Page 25000-1031, if needed.



# EVENTS

## Closures/Shifts

**Commissary hours:** The commissary is open on the following Sundays: Dec. 21 and Dec. 28, from 11 a.m. to 4 p.m. The commissary will close Christmas Day, and open Dec. 31, from 10 a.m.-6 p.m.

**Ocean View and Flight View Base Exchanges' operating hours:** AAFES is extending the BXs' hours thru Tuesday, to 10 a.m.-8 p.m., except Sundays is 10 a.m.-5 p.m.

**Military Personnel Flight facelift:** Bldg. T-112 is being re-carpeted. MPF will move to the Non-Appropriated Funds area, NAF will move to the American Red Cross, and DoDDS will move to T-100.

**Chapel Charities Closet:** Bldg. T-426, will close Dec. 27 for the holidays and re-open Jan. 3. For more, call the Base Chapel at 2-4211, or Master Sgt. Brenda Graves at 2-1314.

**PYOT:** The Protestant Youth and Teens of the chapel are on-break for the holiday season. Meetings will resume Jan. 4 at 6 p.m. For more, call Senior Master Sgt. Jesse Hall at 295-549-708.

## Classes

**School registration:** Embry-Riddle is holding registration for MGMT 331 Transportation Principles, which will be taught onsite Jan. 12-18. The deadline to register is Tuesday. For more or to register, call 2-3375.

**Spouse scholarship:** Thirty scholarships are awarded each year to spouses of active duty Air Force, National Guard, and Air Force Reserve. Deadline for applications to be received at Air Expeditionary Force headquarters is Jan. 31. The 2004 spouse scholarship applications are available at the AEF Web site <http://www.aef.org>, or by calling AEF directly at (800) 291-8480, and at the base education office. For more, call the base education office at 2-3355/5291.

## Events

**Project Cheer 3 on 3 basketball:** 6 p.m., tonight at the fitness center. 18 years old and older. \$300 cash prizes. Call SrA Haylett at 2-6126 for more.

**Chapel movie night:** Children and youth of the chapel movie night at 7 p.m., tonight

at the chapel. For more, call 2-4211.

**Men's breakfast:** 8 a.m., Saturday at the chapel. For more, call 2-4211.

**Singles movie night:** singles of the chapel movie night at 7 p.m., Saturday at the chapel. For more, call 2-4211.

**Co-ed X-Box tournament:** 8 p.m.-12 a.m., Saturday at the community center. Active Duty members, age 17 and older. Complimentary refreshments. Call Sheryl Bush at 2-5216 for more.

**Teen Christmas Party:** 8 p.m.-12 a.m., Saturday at bldg. T240. Call Melvin Moore at 2-3273 for more.

**A Time for Smiles:** Tuesday, the youth program, in conjunction with ABC TV's Good Morning America, the B&GCA, and the national retailer Toys 'R Us, will be holding a holiday party for youth program members, kindergarten - 12 years old. Children will have an opportunity to visit Santa at the Youth Center and receive free toys. Parents must attend with their children during the scheduled time to visit Santa and receive a toy. Times are K-1st grade, 6-6:30 p.m.; 2-3rd, 6:30-7 p.m.; and 4-6th, 7-7:30 p.m. Call Joanne R. Cozart at 2-1197 for more.

**Candlelight service:** 7 p.m., Wednesday at the chapel. For more, call 2-4211.

**Catholic carol sing:** 11:30 p.m., Wednesday at the chapel. For more call 2-4211.

**Christmas Mass:** 10:30 a.m., Thursday at the chapel. For more, call 2-4211.

**Watch Night Service:** 10:30 p.m., Dec. 31 at the chapel. For more, call 2-4211.

**Holiday Mass:** The holiday vigil mass is at 7 p.m., Dec. 31 at the chapel and the holiday day mass is at 10:30 a.m., Jan. 1. For more, call 2-4211.

**Youth New Year's:** The Youth Program will host a New Year's Eve party from 6-9 p.m., Dec. 26, for kindergarten through 6th grade. There will be noisemakers, pop-its, cookies and sparkling cider for when the clock strikes 8 p.m. The event is \$5.25 for members. For more, call Joanne Cozart at 2-1197

**Kids' matinee:** 2 p.m., Dec. 26, at the base theatre. The theatre will have a special Saturday afternoon kids' matinee of Disney's "Brother Bear." Doors open at 12 p.m. Regular admission rates apply. Call 2-4100 for more.

**Movie Marathon:** 8 p.m.,

Dec. 27 at the base theatre. Doors open at 6:30 p.m., Scary Movie 3 will start at 8 p.m., followed by Mystic River and Kill Bill Vol. 1. with a 30 minute break between each show. Tickets are \$10 and include popcorn and drink. Tickets are already on sale. For more, call 2-4100.

**Matrix weekend:** Jan. 2-5 at the base theatre. Friday's showing will be at 10 p.m., Saturday-Mondays' showings will start at 7p.m. Doors open an hour and a half before the show time. Call 2-4100 for more.

**Winter reading contest:** Contest will run thru Jan. 31. Prizes will be awarded to the person who reads the most books. Stop by the library to pick up log sheet and rules of the game. For more, call 2-3688.

## Volunteers/Jobs

**Tax Advisor needed:** A base tax advisor position is open through Wednesday. The contract runs from Jan. 12 - June 1. The job involves providing information, education and tax preparation services to Department of Defense and military personnel, dependents and all others entitled to legal assistance at Lajes. For more, call Maria Godinho at 2-3104 or Tech. Sgt. Gina Walker at 2-3123.

**Records Assistance needed:** The EDIS office at the 65th Medical Operations Squadron needs a volunteer medical records assistant to assist the program manager with administrative duties and customer service. This includes filing, making copies, setting up medical records, designing brochures and more. Call Peter Buttner, American Red Cross, for application information at 295-57-6412 or Mary Buxton at 295-57-1498 for job information.

**Volunteers needed:** Help is needed for the orphanage Christmas party. Visit the point of contact list posted on the Lajes social page, or contact Gina Walker at 2-3123 for more.

**Gift-wrapping:** Volunteers from organizations such as Chapel Charities, Defenders Association, Red Cross, School Fund Raisers and the High School Booster Club will take turns Sunday, wrapping customers Christmas purchases and accepting donations. Organizations inter-

ested in gift-wrapping for the upcoming holiday season can schedule Dec. 20. Call Jennifer Riano 2-3209 to sign up, or for more info.

**US only theatre position:** Immediate opening at the base theatre. Duties include working snack bar, light janitorial duties, and ticket sales. Applications are available at T-800 human resources office or at the theatre. Call Nelia Faria at 2-3634 or Laura Hillebrand at 2-4100 for more.

**Positions available:** The following positions are open at Lajes Elementary School, special education assessor, lunch room monitors, office/library clerk and substitute nurse. Visit the [www.odedodea.edu/pers/employment/](http://www.odedodea.edu/pers/employment/) for additional info and application materials. For more regarding these positions, call LES, 2-3491.

**Undergraduate Flying Training Selection:** The next UFT selection board will convene at the Air Force Personnel Center on March 2 and will review applications for Specialized Undergraduate Pilot Training, and Specialized Undergraduate Navigator Training. Those officers with a date of birth after April 1, 1974 and Total Federal Commissioned Service Date after April 1, 1999 who meet all eligibility criteria will be eligible to apply. Applicants must send applications postmarked by Jan. 12 to HQ AFPC/DPAOT3, 550 C Street West Suite 31, Randolph AFB TX 78150-4733. All applicants should review the UFT criteria as outlined in AFI 36-2205.

## Miscellaneous

**Electric heaters available:** The family services loan closet are loaning out electric heaters. Supplies are limited. Visit family services in T-125 or the family support center in T-126 to get one today.

## Sports

**Youth cheerleading:** The youth center is accepting applications for the upcoming season. Youths 4-18 are eligible. Games will run from January-March 2004. Volunteer coaches are also needed. Cost: \$21/\$25 w/picture for members; \$31.50/\$35 w/picture for non-members. For more, call Jolene Wilkinson, 2-1197.